

## 8th Newsletter dated 31.12.2011

### At the end of the Year I recommend a further publication on the knowledge of our immortality:

As reminder I would like to mention again the two publications already commented (read my comment in the [7th newsletter](#)):

1) "The Secret of the Golden Flower" (The classic meditation manual of Taoism) is the first time appeared in a German version of the new translation by Thomas Cleary (previously available only in English). ([Publishing Comment german only](#))  
The first English version of German translation by Richard Wilhelm's "The Secret of the Golden Flower," transfered by Cary F. Baynes has appeared 1931. Only in 1991, Thomas Cleary newly translated this text from Chinese. Now his new brilliant translation of the classical "The Secret of the Golden Flower" from the Chinese original in 1991, has been published in German.  
This summary of the extensive writings of several thousand "Taoist Canons", condensed into a few pages of text definines a proper meditation technique at all stages.

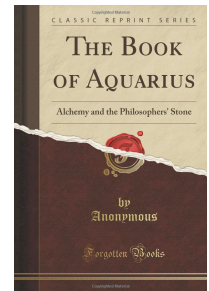
2) The second new release concerning the meditation work of the "Golden Flower" is the publication of "Tao Meditation" (Short version in english originally on the Internet), you can now find at my website [texts](#). The Full Text (complete version only in german) titled "Consummation of human existence and the nations in third millennium" describes it for the first time exactly and in understandable words for everybody is published also on the Website of Otto Namenlos / Jürgen Scheibe [www.ottonamenlos.de](http://www.ottonamenlos.de). In my view, for the first time in the West someone understands from his own practice and personal experience that text in its full extent and impact of technology and describes it in detail accurately disclosed.

**Even these two works represent a great step forward for my search for techniques and methods for life extension and rejuvenation, and now I have discovered another text that contributes to the material side of my philosophy of immortality, decisive, and perhaps heralds a new era.**

**3) The publication of "The Book of Aquarius" gives us the building instructions for the "philosopher's stone", the "Elixir of Life". This substance is said to impart eternal life and eternal youth, heal every disease and shall be able to transform lead into gold.**  
This book is also provided free to the Internet: <http://www.thebookofaquarius.com/>

One may doubt that there should be at the material level, a substance which possesses these properties. From my own encounter with Frater Albertus 1983 (Albert Riedel) in Zurich in his presentation "The Alchemist of the Rocky Mountains," I've learned that the alchemistic process of transforming matter has spiritual and mental results, and that the whole finishing of the work must serve to the benefit and transformation of man to a higher level. At that time we still had an alchemical magazine in Switzerland, the "Quinta Essentia", Journal of Alchemy - Astrology - Qabalah, from the Paracelsus Research Society in Oberarth, Switzerland.

From this journal I know that a few successful attempts have been made and was described in production and effect, which now as spagyric medicine are available in pharmacies t. A key author of this journal is still active with its own website in the empirical medicine; <http://www.dr-nawrocki.de/>.



I'm going to express myself more accurately, when I read the whole work, and edited. I've decided as a young man on this arduous road to not explore myself, now im happy to to see that someone else has done this work. However, I am convinced that this possibility is foreseen in our creation, and I can very well imagine that in earlier times people possessed this knowledge.

**These three new releases mean to me absolute happiness cases, all of which will benefit my readers.** These new publications provide in-depth explanations and information about everything I already knew about, and with great pleasure I integrate the new findings in my meditation practice, and update it also my [brief instruction](#).

The desperate struggle for survival of the old powers seems like the last dance of tyrants, the negative forces seem to be no longer convinced about their power if you look at the internal struggles that are now so well documented in the commune-daily newspapers. I therefore welcome the more so if we always receive help from the positive opposite side, so that we can cooperate with our commitment and our awareness of it, to let take over the positive forces the leadership within the next time.

My personal contribution is to offer my [informations](#) on my websites and my [course](#). I want to play my part in making this transition more smoothly and profitably for all.

If you come by "chance" on this information, I ask you not to hesitate, and to accept my gift, I present you my time available for a free preliminary, a personal acquaintance, an exchange, an informative meeting.

With friendly New Year's greetings

Peter Todesco